

What do we want to do?	How will we do it?	Impact?	Cost	Sustainability
<p>Ensure all children understand the importance of a healthy and active lifestyle.</p>	<p>A group of children to attend a Health and Well Being conference led by Cornwall Healthy Schools. Children to partake in a range of health and well being activities to develop their understanding on the importance of an active lifestyle.</p>	<p>Children took part in activities to enhance their understanding of the importance of a healthy and active lifestyle. These children were then able to share what they had learnt with the remainder of the school in an assembly. Children could confidently talk about what they had learnt. Evidence of this was clear in their responses when asked why a healthy lifestyle is important "we need to have a healthy diet to keep our hearts healthy." "Being healthy makes us happy." "We need to eat a healthy and balanced diet." "If we are healthy and active our endorphins are released and that makes us happy."</p>	<p>Mini bus:£170 Class cover:£150</p>	<p>All children within our school have learnt about the importance of a healthy and active lifestyle. After the statistics were shared within the 'Time 2 Move, Cornwall Framework for PE and School Sport' it is clear that the importance of this knowledge is imperative for the future of our children.</p>
<p>To develop and enhance our sporting partnerships with local schools and to have extensive CPD opportunities.</p>	<p>Become SLA members of Arena</p>	<p>Extensive CPD opportunities for subject leader. Sporting challenges set by Arena encourage children to take part in competitive sports challenges on a weekly basis. Winners of the sports challenge are presented with a certificate within celebration assemblies and this therefore celebrates sporting successes. Subject Leader shares expertise from CPD provided by Arena within staff meetings and therefore up skills all staff within school.</p>	<p>Membership: £520</p>	<p>The Subject Leader shares expertise with teaching staff and this has a positive impact on the teaching and learning of Physical Education within our school.</p> <p>All children are able to partake in intra-school competitive sports challenges, set by Arena, therefore developing their engagement in competitive sports.</p>

<p>To inspire our children to partake in sports that they may not have tried before and to develop a love of learning for physical education.</p>	<p>Invite an Olympic athlete to teach the children about his/ her sport. Children will then work with the athlete for a day to partake in his/her sport.</p>	<p>250 children (EYFS2-Y2) took part in exercise circuits and listened to an inspirational assembly led by Antony James</p> <p>250 children said that they enjoyed the visit and they were inspired in some way to want to either try a new sport or learn to swim.</p> <p>71 children out of the 250 attend a swimming club currently.</p> <p>167 children (out of the children who did not already attend a club) said that they would now want to join a swimming club / learn to swim/ try a new sport.</p> <p>After the event 20 children had joined a swimming club.</p> <p>Parents had commented on how their children had been inspired to want to try a new sport and how this had had a positive effect on their love for physical education.</p>	<p>£480</p>	<p>After collating feedback from questionnaires given after the visit from Antony James, every child within our school said that they enjoyed taking part in the exercise circuits. Responses demonstrated that all children were inspired to learn to swim/ play or try a new sport.</p> <p>Feedback from questionnaires also demonstrated that 20 children have now joined a swimming club since the inspiring visit from the Olympian.</p>
<p>CPD for subject leader</p>	<p>Subject leader to attend Physical Education conference at the Eden Project.</p>	<p>Subject leader lead a staff meeting to up skill all staff within school. The focus of the meeting was to identify assessment without levels for physical education and best practise for teaching and learning within physical education. The impact therefore being that staff are confident with the changes to the National Curriculum/ assessment procedures and that children receive the very best learning opportunities.</p>	<p>Conference : Free with SLA membership</p> <p>Class cover:£150</p>	<p>Subject leader shares expertise with teaching staff and this has a positive impact on teaching and learning of Physical Education.</p> <p>Members of staff within our school are confident with the changes to the National Curriculum/ assessment procedures and therefore a clear progression of skills is delivered from EYFS1 through to Year Two.</p>
<p>Ensure that lessons are never less than 'good 'and often 'outstanding'</p>	<p>Subject Leader to observe lessons across the school</p>	<p>Every child right from EYFS1 through to Year 2 clearly made progress within their lessons and all teachers were enthusiastic about the importance of Physical Education. Teachers encouraged children to talk about the importance of keeping fit and healthy and children could confidently share what was happening to their bodies as a</p>	<p>Class cover:£150</p>	<p>Children receive the very best physical education lessons. Teachers are provided with feedback and are continually striving to deliver the very best teaching and learning experiences for our children.</p>

		<p>result of them exercising. There was a clear progression of skills taught from FS1 through to Year 2. (Progression of skills was being used in all year groups) Staff had applied what was learnt within staff meeting and children were provided with the very best learning opportunities. (See individual feedback)</p>		
<p>To develop our understanding of how to effectively teach dance from EYFS2-Y2 with a clear progression of skills.</p>	<p>Artistic director of Attik Dance to work with all year groups to teach a range of skills within dance.</p>	<p>Teachers are working alongside Ben (Attik Dance) and therefore this is used as CPD. Notable impact of children developing their confidence and team work skills has been measured. Children are applying these skills within the classroom.</p> <p>Children who were initially slightly reluctant to take part within the dance lessons are now choreographing short dances and performing these to their peers. Children have shown a real love and passion for their learning:</p> <p>" I love working with Ben because I get to use my body in exciting ways." Yr1 child</p> <p>"I like working with different people in dance and I know that I can explore with different travels and movements. It is really fun and it keeps me fit!" Yr 2 child.</p> <p>"Working alongside Ben has given me the confidence to teach dance and I now know that I can confidently continue to teach dance in exciting ways when Ben is no longer working with us."Teacher</p> <p>Parents are invited to watch choreographed performances and therefore value the importance of physical education.</p> <p>Impact goes beyond Dance lessons i.e. team work , self confidence</p>	<p>£5200</p>	<p>The specialist dance teacher has worked alongside all class teachers to guide the performance of children and discuss future lessons and skills progression. This has therefore developed teachers' subject knowledge and expertise.</p>

<p>To develop outdoor physical education experiences for our children.</p>	<p>Year 1 children - outdoor adventure at Antony House.</p> <p>Year 2 - Outdoor adventure including orienteering, climbing a tor on Dartmoor.</p>	<p>Children have developed a real love for outdoor education within school. "I love outdoor learning; it makes me want to be outdoors rather than playing on my computer."</p>	<p>Class cover: £150</p> <p>Mini bus hire: £822.89 - Dartmoor - over 3 days.</p>	<p>Children have been inspired to partake in physical activities including walking, climbing and orienteering. Children are able to enhance their love for physical activity which is imperative as we encourage our children to become physically active and reduce their 'screen time'. We are aware of the serious implications for their health and fitness if they spend hours indoors and reports have linked technology to children becoming weaker and less muscular; therefore providing our children with these experiences is invaluable.</p>
<p>Children to partake in a range of sporting activities during their lunch times</p>	<p>Employ additional lunchtime supervisors to lead sporting activities.</p> <p>Energy club to run during lunchtimes.</p> <p>Skills2play sessions to run during lunchtimes.</p> <p>A range of sporting activities on offer to encourage children to partake in sports that they may not have tried before / enhance their skill set for a range of sports.</p>	<p>Children are engaging in a range of sporting activities on a daily basis. They are encouraged to try new sports that they may never have tried before. Children who may be less active are invited to join in with Energy Club and there is evidence that this has developed their love for PE. "I love energy club because it is fun and it keeps me healthy."</p> <p>Measurable impact sheets are completed for these activities.</p>	<p>£1369.04</p>	<p>The number sports activities have increased during lunchtimes meaning a larger participation rate of children being able to access physical activities outside of the curriculum time.</p>