



Newsletter
January 2018



On Wednesday 10th January there was an official launch of Operation Encompass to recognise that it is now in place across the whole of the Devon and Cornwall Police force. The event was held at Pentillie Castle and was attended by a range of police including the chief constable, patrons of the Charity and those who have supported Operation Encompass across the years.

As part of our commitment to ensure that children have opportunities to take part in events that support the wider community children from Year Two performed at the event and as always their behaviour and singing was highly praised by all who attended, including the pipers from the Police Pipe Band who joined the children in their rendition of *Amazing Grace*.



Dates for your Diary	
25 th January	After School Clubs, 25 th Jan, 1 st Feb and 8 th Feb
26 th January	Hedgehogs' Class Assembly
2 nd February	Squirrels' Class Assembly
8 th February	Caterpillars' Class Assembly
9 th February	Butterflies' Class assembly
10 th February - 18 th February	Half Term
Looking ahead	
Week beginning 19 th February Nursery Parental Consultations- individual details to follow.	
Week beginning 26 th February EYFS2- Year Two Parental Consultations- individual details to follow.	
Friday 30 th March- Sunday 15 th April -Easter Holidays	
16 th April - INSET DAY- School Closed for Pupils	



We have all been shocked by the level of plastics seen on our beaches following the recent storms and have renewed our commitment to tackling the use of plastics; particularly 'one use plastics', in our school.

Plastic Pollution

As a school we are committed to reducing the plastic waste we create as part of our broader commitment to reducing waste which includes not using printed worksheets; recycling all our card and shredded paper and being 'energy use' aware.

We already

- Encourage the use of refillable water bottles (and for children who do not have these we have reusable cups available in the classroom.)
- Reuse and recycle plastic milk bottles
- Empty classroom bins rather than using bin liners on a daily basis.

We are committed to

- Only using paper plates, cups and straws when our current stock runs out.
- Identifying environmentally friendly alternatives to glitter.

How you could help

- Use refillable drinks bottles in packed lunches or no drinks as water is provided in school for children who are having a packed lunch.



Loneliness Minister

On Wednesday, January 17, the British Prime Minister Theresa May announced the creation of this new position. She stated, "For far too many people, loneliness is the sad reality of modern life." The announcement cited the statistic that more than 9 million people always or often feel lonely in the UK.

Since 2015, we have been doing our part to tackle loneliness through the Silver Stories initiative.

If you know of anyone who would benefit from this initiative please contact the school office for further information.

There are some people who don't have the benefit of conversations and contact with younger people. I hope that this concept will spread, so once people hear about it, I'm sure it will spread. Silver Stories is a wonderful idea.

Dame Esther Rantzen D.B.E

Healthy Eating



At Torpoint Nursery and Infant School we believe that all children have the right to a healthy, nutritious and balanced diet. We educate our children about the importance of healthy eating and being physically active because we know that this will improve a child's health as well as their ability to learn and achieve.

Healthy eating is currently in the news following the publication of two reports that highlighted issues relating to poor dental health and obesity .

Encouraging our children to eat a nutritious, balanced diet early on is important in ensuring they get the right vitamins and minerals in their diet as this will help them grow and develop optimally. Children are also more likely to be energised and motivated, supporting their ability to learn.

The school dinners provided meet the government's nutritional guidelines. Please can we ask that those parents who provide packed lunches for their children consider the available advice.

<https://www.nhs.uk/Livewell/childhealth615/Pages/Lighterlunchboxes.aspx>

If you need further support around your child's eating please contact us and we will signpost you to appropriate support.