

**Parenting offer – what’s new in Sept 2020?**

From September 2020 we will be continuing to support parents and offer Parenting Courses through a virtual platform. This will replace our face to face groups to ensure we are offering a full service to parents in the safest way.

Referrals will continue to be received through the Early Help Hub.

The courses on offer will be:

Being Passionate About Parenting 5-11 years

Delivered over 3 sessions (1.5 hours per session)

Being Passionate About Parenting Early Years 3-5 years

Delivered over 3 sessions (1.5 hours per session)

Being Passionate About Parenting with a basic introduction and awareness to ADHD

Delivered over 3 sessions (1.5 hours per session)

Being Passionate About Parenting with a basic introduction and awareness about the Spectrum

Delivered over 3 sessions (1.5 hours per session)

Being Passionate About Parenting Teenage Brain

Delivered over 3 sessions (1.5 hours per session)

Take 3 – supporting teenagers

Delivered over 5 session (2 hours per session)

For further information please contact the early help Hub on 01872 322277 or earlyhelphub@cornwall.gov.uk

For useful parenting information (search understanding feelings and emotions) and Parenting Podcasts please access the family Information Service website -

[www.supportincornwall.org.uk](http://www.supportincornwall.org.uk)