

Allergy Aware Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	SD Cheese & Tomato Pizza <u>CONTAINS MILK</u> With Jacket Wedges	Turkey Burger With Jacket Wedges	Roast Chicken Roast Potatoes SD Gravy	SD Beef Ragu Bolognaise with <u>GF CONTAINS SOYA</u>	SD Fish Fillet <u>CONTAINS FISH</u> and Chips
Jacket Potato	Jacket Potato with Baked Beans OR Jacket Potato with Cheese (<u>CONTAINS MILK</u>)				
Vegetables	Sweetcorn Broccoli	Peas Sweetcorn	Peas Cabbage	Sweetcorn Cauliflower	Baked Beans Peas
Desserts	SD Chocolate Crispy Bar <u>GF RICE CRISPIES</u> <u>CONTAIN BARLEY</u> <u>MALT EXTRACT</u>	Orange & Mango Frozen Smoothie	SD Flapjack <u>RECIPE CONTAINS GF</u> <u>OATS</u>	SD Berry Crispy <u>GF RICE CRISPIES</u> <u>CONTAIN BARLEY</u> <u>MALT EXTRACT</u>	Peach slices in juice

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	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	SD Cheese & Tomato Pizza <u>CONTAINS MILK</u> With Jacket Wedges	Chicken Tikka Masala <u>CONTAINS MUSTARD</u> Rice	Roast Chicken Roast Potatoes SD Gravy	SD Tomato Basil Pasta <u>CONTAINS SOYA</u>	SD Fish Fillet <u>CONTAINS FISH</u> and Chips
Jacket Potato	Jacket Potato with Baked Beans OR Jacket Potato with Cheese (<u>CONTAINS MILK</u>)				
Vegetables	Sweetcorn Broccoli	Peas Sweetcorn	Peas Cabbage	Sweetcorn Cauliflower	Baked Beans Peas
Desserts	SD Chocolate Crispy Bar <u>GF RICE CRISPIES</u> <u>CONTAIN BARLEY MALT</u> <u>EXTRACT</u>	Orange & Mango Frozen Smoothie	SD Flapjack <u>RECIPE CONTAINS GF</u> <u>OATS</u>	SD Berry Crispy <u>GF RICE CRISPIES</u> <u>CONTAIN BARLEY MALT</u> <u>EXTRACT</u>	Peach slices in juice

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Hot Main Dish	SD Cheese & Tomato Pizza <u>CONTAINS MILK</u> With Jacket Wedges	Turkey Burger With Jacket Wedges	Roast Chicken Roast Potatoes SD Gravy	SD Beef Ragu Bolognaise with GF Pasta <u>CONTAINS SOYA</u>	SD Fish Fillet <u>CONTAINS FISH</u> and Chips
Jacket Potato	Jacket Potato with Baked Beans OR Jacket Potato with Cheese (<u>CONTAINS MILK</u>)				
Vegetables	Sweetcorn Broccoli	Peas Sweetcorn	Peas Cabbage	Sweetcorn Cauliflower	Baked Beans Peas
Desserts	SD Chocolate Crispy Bar <u>GF RICE CRISPIES</u> <u>CONTAIN BARLEY MALT EXTRACT</u>	Orange & Mango Frozen Smoothie	SD Flapjack <u>RECIPE CONTAINS GF OATS</u>	SD Berry Crispy <u>GF RICE CRISPIES</u> <u>CONTAIN BARLEY MALT EXTRACT</u>	Peach slices in juice