



## **Speak out. Stay safe.**

8<sup>th</sup> July 2021

Dear Parent/Carer

### **RE: NSPCC's *Speak out. Stay safe.* online programme**

I am pleased to tell you that we will be participating in the **NSPCC's *Speak out. Stay safe.* online programme**. This consists of an online assembly and supporting classroom based activities. *Speak out. Stay safe.* is a safeguarding programme available to all primary schools in the UK and Channel Islands. It aims to help children understand the importance of speaking out if they are worried. As part of this programme, the children learn about the potential signs of abuse in all its forms in a fun and interactive way.

The NSPCC have developed an online version of their *Speak out. Stay safe.* programme to help overcome some of the challenges that the Coronavirus (COVID-19) pandemic has presented in relation to having external speakers in school. In the online assembly, the *Speak out. Stay safe.* messages continue to be delivered in a fun and interactive way with the help of their mascot Buddy as well as special guest appearances from Ant and Dec.

We have studied the content of the materials and are extremely confident that they are appropriate for children between the ages of 4-7. By the end of the programme, we're convinced children will feel empowered – knowing how they can speak out and stay safe.

If you would like to know more about the *Speak out. Stay safe.* programme you can find information on the NSPCC website [www.nspcc.org.uk/speakout](http://www.nspcc.org.uk/speakout) or I would be happy to discuss any questions that you may have.

### **Adapted assembly for home use**

The NSPCC has also developed an adapted version of their assembly for parents/carers to use at home with their children. This can be found here: [Watch our \*Speak out Stay safe\* assembly at home | NSPCC](#). With the help of celebrities, the film focuses on how a child can get support if they have any worries or concerns

To complement the assembly, there are some resources that can be used to enable further discussion whilst doing activities with your children. These are hosted on the NSPCC website [www.nspcc.org.uk/activities](http://www.nspcc.org.uk/activities).

### **Talking PANTS with your children**

'Talk PANTS' is a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex. The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at [www.nspcc.org.uk/pants](http://www.nspcc.org.uk/pants).

### **Childline Under 12's Website**

Childline also have a website with age appropriate advice for primary school children on topics such as bullying. It also has games and other interactive tools. Your child can visit it at [www.childline.org.uk/kids](http://www.childline.org.uk/kids).

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website [www.nspcc.org.uk/parents](http://www.nspcc.org.uk/parents).

Yours sincerely,

Mrs Kellond